



## "CARING HEARTS"

### Contact us:

8 Newton Street  
Ausspanplatz  
Windhoek

Phone: 061/ 375 950  
Fax: 061/ 375 969  
E-mail: [wellness1@methealth.com.na](mailto:wellness1@methealth.com.na)  
Website : [www.mhnamibia.com](http://www.mhnamibia.com)



## 'CARING HEARTS'

## Information Brochure On EMTCT



### EMTCT INFORMATION & MEANING

- ◇ EMTCT stands for Elimination of Mother to Child Transmission
- ◇ Prevent vertical transmission of HIV
- ◇ Launch by MOHSS in 2002 and much has been achieved

### WHY EMTCT IS IMPORTANT

- ◇ Provide opportunity for women to know their HIV status
- ◇ Provide comprehensive care to mothers living with HIV, their babies and families
- ◇ Provide ART instantly during Antenatal care services
- ◇ Know HIV status before or early pregnancy lowered prevalence rate of MTCT.

### WHAT EMTCT benefits include?

- ◇ Prophylaxis / Nevirapine syrup for babies
- ◇ HIV test for the baby—emphasized on NAT at 18 months
- ◇ *Baby formula milk - when mother opt not breastfeed*
- ◇ Ask your doctor for advise on baby formula milk.
- ◇ Fruits and vegetables puree are known best and healthy for babies feeding from 6 months.



### HOW TO ACCESS EMTCT SERVICES

- ◇ The earlier you find out that your are pregnant , consult your doctor for monitoring through out your pregnancy
- ◇ Counselling services at first antenatal visits are strictly encouraged.

### INVOLVEMENT OF DADDIES



- ◇ Be viral suppressed at all times
- ◇ Supportive and caring partners

### EFFECTIVENESS OF EMTCT

- ◇ Possible elimination of HIV transmission
- ◇ Enabler for HIV free generation
- ◇ Early treatment for HIV infected babies

### WHAT YOU NEED TO KNOW

- ◇ Immediately after delivery mother to make sure that the got nevirapine
- ◇ If opt for formula milk mother to request prescription from the Doctor.
- ◇ NB: Formula milk benefits are given from birth to 6 months only.
- ◇ Do not mix feeding methods ( Breastfeeding and bottle feeding).
- ◇ Baby immunization should be done accordingly .
- ◇ If the mother opts to breastfeed , the viral load should be undetected to reduce the risk of HIV transmission.
- ◇ For more information, kindly visit our website.

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